



## **Illinois West Division**

### **Division of the Illinois High School Hockey League**

# **2019-2020 Playing Rules & Regulations**

### **I. Playing Rules - Suspensions**

Illinois West will use the USA Hockey Rule Book almost exclusively. Fighting, Misconducts and Game Misconduct suspensions will be the same as the USA Hockey Rule Book with the following exception required under AHAI rules:

Any player who receives a penalty for fighting will be suspended for the balance of that game plus the next three (3) regularly scheduled Illinois West games of that team.

All suspensions given in Illinois West game must be served in the next Illinois West game(s). If there is another practice or tournament game before the suspension has been served in the amount of Illinois West games required under the suspension, these additional games would require that the player/coach to serve the required USA Hockey/AHAI suspensions.

- A. A fight off the ice not under the jurisdiction of the officials may be reported in writing to the Chairman of the Rules & Ethics Committee or the Illinois West President. This includes any lobby or parking lot disturbances.
- B. A player receiving five (5) penalties of any duration during a game shall be automatically suspended for one game. A player who accumulates five (5) penalties in a game a second time will be assessed an automatic two (2) game suspension in addition to the balance of the game in which the penalties occur. A third five (5) penalty game by the same player in the same season will cause automatic suspension from the Illinois West League for the balance of both the regular and playoff season. These suspensions are in addition to any suspensions accumulated under the regular USA Hockey/AHAI Playing Rules.
- C. If a team receives fifteen (15) penalties in a game, the Head Coach of that team shall be suspended for the next Illinois West game of that team. If the infraction occurs a second time during the same season (including playoffs) the Head Coach shall be suspended for the next two (2) Illinois West games of that team. If the same infraction occurs a third time during the same season, the Head Coach shall be suspended until a hearing before the Division's Board of Directors.
- D. If a coach receives a Zero Tolerance Penalty during a game and receives a game misconduct, Illinois West will issue a 3 game suspension. A second Zero Tolerance Penalty resulting in a game misconduct in a season will require the coach to meet with the Illinois West Board of Directors before the next league game. Illinois West reserves the right to review the penalty to determine if any adjustments need to be made. Such adjustment may be a decrease or increase in such penalty.
- E. Permanent suspension of a player from the Illinois West Division may be affected if it is determined that he/she has maliciously and/or intentionally damaged any property or parts thereof of any facility.
- F. The Board of Directors of Illinois West shall have the authority to discipline any member player, team or coach at its discretion.
- G. Any fight during the handshake line may result in supplemental discipline by the Illinois West Board to the Head Coach(s) and or Player(s) involved. A minimum of one game for all players involved and their respective head coach shall be added to any USA Hockey and/or AHAI penalties arising from the incident.

## II. Game Rules & Minor Officials

- A. All Illinois West games (games organized by the Illinois West League) shall be officiated by on-ice officials certified by AHAI and USA Hockey and scheduled through the AHAI Officiating Committee.
- B. The ice will be resurfaced every two (2) periods for all Illinois West games in most instances. Players coming back to the ice after an ice resurfacing shall go directly to the bench with the exception of the starting lineup for that period. There shall be no gathering of players at their goals or at the bench area. Officials and announcers will warn the teams to go to their benches. If any team or player refuses when told to proceed to the bench by the Referee, a minor penalty shall be assessed for delay of game.
- C. The home team is responsible to bring the pucks for warm-up before the game and after ice resurfacing.
- D. Each team shall have two MATCHING sets of numbered jerseys, each with appropriate patches and nameplates as determined by the Illinois West Division. One set of matching jerseys shall be in the school colors, or colors selected by the Club, the other set shall be predominantly white.
- E. All Illinois West Varsity games shall be a minimum of three seventeen (17) minute stop-time periods. JV shall be a minimum of three sixteen (16) minute stop time periods. Time-outs shall not exceed thirty (30) seconds and shall be limited to one (1) per game for each team.
- F. Should a team accumulate a five (5) goal lead at the end of the second period, or at any time during the third period, the resumption of play at the center ice face-off spot shall commence running time for the duration of that game regardless of any further goals scored by any team. Penalty times shall be the same as for stop time ie... the clock continues to run. (There are NO EXCEPTIONS.)
- G. Should a team (a minimum of six players) fail to show for a Illinois West game at the scheduled game time, they shall replay the game at their expense as outlined in section F.2 below. There are no forfeits - all games must be played.
  - 1. No team shall be permitted to forfeit a game for any reason other than as a result of "AN ACT OF GOD" (i.e. weather). Forfeit carries a \$500.00 fine that must be paid to the Illinois West Treasurer before that team will be allowed to play the next Illinois West game.
  - 2. A make-up game must be played by mutual agreement of the teams involved and the Illinois West's Executive Board. The cancelling team is responsible for providing the ice. (Any team that fails to appear or cancels a scheduled game less than 72 hours before the scheduled game shall be subject to a fine of \$500.00 plus all costs incurred by the team which was to host the canceled game.) The team which cancelled or failed to appear will be responsible for all costs incurred even if the cancellation is within the appropriate time frame if the scheduled ice sheet and on-ice officials cannot be cancelled. This rule applies to those teams who are members of the Illinois West.
- H. Each Varsity game will have four (4) on ice officials assigned. Each JV game will have two (2) officials assigned. In the event there are only two (2) or three (3) on ice officials for any Varsity game that game will proceed as scheduled. In the event any Illinois West game has less officials the normal for whatever reason, the game shall be played as long as all USA hockey Official requirements are met.
- I. At the start of the game after the five (5) minute warm-up, teams will have up to one (1) minute for the teams to have their players at the face-off circle for the puck to be dropped. After one (1) minute has elapsed, the puck will be dropped, even if all of the players are not on the line. When ice is resurfaced and the teams return to the ice, they will immediately go to their bench and the starting line-up shall go to center ice for the face-off. Teams will have up to thirty (30) seconds to line up. After thirty (30) seconds has elapsed, the puck will be dropped. There will be a two (2) minute rest in between periods where there is no ice resurfacing. At the end of the two (2) minutes, the Officials will blow the whistle and the teams will have up to thirty (30) seconds to line up for the face-off. After that time has elapsed, the puck will be dropped. At each stoppage of play, the official that will be dropping the puck shall mark the location of the ensuing face-off. The Referee in the Four Official System or the Referee marking the face-off location in the Two Official System is responsible to be aware of the change of players for both teams. The Referee will give the Visiting team eight (8) to ten (10) seconds of time to make their line change, after which the Referee will raise his/her hand above their head to signify the Home team may now make a change immediately. The Home team is allowed five (5) to eight (8) seconds of time to make their changes after which the Referee will lower his/her hand to signify that no further changes are allowed. When the Referee signifies that the line-change procedure is complete, the Linesman or the Official dropping the puck will blow the whistle to signify that the puck will be dropped in five (5) seconds. The puck will be dropped sooner if both teams are ready or if no player changes were made.

The responsibility rests with each team to make sure player changes are made without delay. The goals of this rule are to resume play quickly and eliminate unnecessary conversation with the officials. Linesman or Referees will be instructed to drop the puck to resume play even if both centers are not set and ready. If players are "off- side" when the puck is dropped, play shall be stopped, the team that is off-side will have its center removed, and no changes of players will be permitted. If the same team that has caused the off-side causes another stoppage due to players not lining up correctly, a minor penalty shall be assessed against the offending team. There will be no in-game warm-up for goalies for any reason (including injury). Spare goalies are to be warmed up during the pre-game skate.

1. In addition to the players, only the head coach, assistant coach(s), and/or trainer are permitted on the bench in accordance with USA Hockey/AHAI Rules. There are only a total of four (4) non-playing individuals permitted on the bench during any Illinois West regular season or playoff game. The head coach is responsible for all personnel on the bench. (The Bench includes the penalty box.)
  2. Each team shall furnish personnel to be scorekeeper and/or work the clock and as security personnel, if necessary. All security jackets shall be yellow in color. If required, the team most familiar with the clock shall furnish the timekeeper and the other team shall work the score sheet. Both teams are responsible for providing at least two people in yellow security jackets at all games. If the crowd so requires, additional security personnel in yellow jackets should be provided by the home team.
  3. All jerseys must have the USA Hockey/AHAI Stop Sign attached as required to the rear of the Jersey directly above the numbers.
  4. The first named team on the schedule will be the home team. It is generally expected that the home team will wear the dark colored jerseys.
  5. The second named team on the schedule will be the visiting team. It is generally expected that the visiting team will wear light colored jerseys.
  6. Each team will provide to the scorekeeper prior to each game, two (2) new pro pucks.
  7. Only one (1) person from each club will be permitted in the score box during Illinois West games and it is required that each team have a representative in the score box during all games.
- J. Any Illinois West game which ends regulation time in a tie shall go to a shootout. The shootout shall consist of five (5) shooters from each team who will participate. The team with the highest score (most goals scored) from the shootout shall be deemed the winner of that game. If after the initial five (5) shooters have completed the shootout the shootout shall continue in sudden death with each team alternating shooters until such time as a winner is determined. No player shall be able to shoot more than one time in any shootout until all players from that team have participated. (This excludes any goalies.) Shoot-out winner shall receive one (1) Point for the tie and one (1) point for the shootout win. The team losing the shootout shall receive one (1) point for the tie.

### **III. Team Responsibilities**

- A. Each Club (coach, manager, team representative, trainers, players and Club officials) shall be cooperative in the administration of Illinois West, shall obey all Illinois West Rules and Directives from the Illinois West Board of Directors or be subject to disciplinary action.
- B. Each Club shall have one vote in Illinois West matters that require a club vote, unless otherwise provided for in the Illinois West Rules & By-Laws.
- C. Each Club participating in Illinois West or in a tournament organized by Illinois West shall be an affiliate of AHAI and USA Hockey and shall comply with all the requirements for such affiliates. Each Club is responsible for registering its team(s) with USA Hockey and AHAI and for fulfilling all of the required registration procedures according to the By-Laws, Rules and Regulations of USA Hockey and AHAI.
- D. Each Club must obtain a completed Participation Form for each player that includes Hold Harmless, Doctor's Authorization and Hospital Release. Such form shall be held by each Club and available for inspection as required by Illinois West or other appropriate governing body. The Club is responsible to ensure each player has a properly executed Participation Form on file before being able to step onto the ice for any Illinois West authorized activity. Each club shall obtain a completed Zero Tolerance form from each player and that player's parents. Such form shall be held by each Club and available for inspection as required by Illinois West or other appropriate body.

- E. There will be no movement of players from Varsity to Junior Varsity teams after the Illinois West's regular season has ended. In order for a player to be eligible to play for a team in the Illinois West playoffs, the player must have played in sixty (60%) percent of the Illinois West regular season games, for which he/she is eligible for the team the player will play for in the Illinois West playoffs. The regular season is deemed to have ended prior to the start of the round robin seeding. Any movement from JV to Varsity must be approved by Illinois West's Executive Board and is subject to the 7 up 7 down rule. Any team wishing to question a player's eligibility must be done from head coach to head coach. If and only if the head coaches are unable to resolve shall the Illinois West Board get involved and make a determination on a player's eligibility.
- F. Players must be full-time students within the first eight (8) weeks or 1st semester of the schools for which they are playing. Players must fulfill this requirement at the time they are placed on a team's roster. Players who graduate from high school during the season are no longer eligible to participate in their team's activities and must be removed from the team's roster.
- G. Any team playing and/or dressing an ineligible player will forfeit each game in which the ineligible player played or dressed. The game will be recorded in the Illinois West's standing as a loss and the offending team's goals and assists will be deleted from the standings.
- H. Any coach knowingly playing a suspended and/or ineligible player will receive an automatic expulsion from the Illinois West for the balance of the Regular and Playoff season.
- I. Twenty (20) players may be suited for a game. Rosters will be up to a maximum of thirty (30) players and will include the players name, jersey number, address, phone number and year in school.
- J. Initial rosters are due to AHAI prior to the first Illinois West game played by a team. Players may be added to the roster up to and including October 15th, but no name may be deleted from the roster once it appears.
- K. All coaches and/or managers must submit a completed Officiating Evaluation Form to the AHAI Officiating Committee on the on-ice officials' performance for all games. The Officials Evaluation Form must be submitted to the AHAI Officiating Committee within seven (7) days of the day the game was played or a fine (the amount to be determined by Illinois West) may be assessed to the offending team not submitting the form.
- L. Each Club assumes all responsibility for actions of that Club's members including players, player's parents, coaches and any other representative of that Club. Illinois West assumes no liability for any activity related to each Club. Illinois West specifically rejects any liability for actions of the Club, its members, fans or anyone associated with said Club.

#### **IV. Illinois West Responsibilities**

- A. Illinois West shall provide on-ice officials for all Illinois West games, playoff games, All-Star games and tournaments organized by Illinois West. All on-ice officials shall be scheduled through the AHAI Officiating Committee.
- B. An Official Game Report Form for all Illinois West and Playoff games will be forwarded to the proper Officials Supervisor within 24 hours after conclusion of a game where an incident occurs. Failure of any official to furnish the Illinois West with an Official Game Report shall result in termination of that Official's services for the remainder of the regular and playoff season upon review by the Illinois West Board of Directors.
- C. All teams who qualify must participate in a playoff tournament at the conclusion of the regular season of Illinois West play. The format of the playoffs is to follow the historical precedent of dividing all the teams in the Division at each level into two or more brackets based on how the teams finished in regular season play, with the teams playing in their respective playoff bracket. Tie-breaker rules will be established prior to the start of the season by Illinois West
- D. The Illinois West playoffs consist of a tournament with Varsity and Junior Varsity brackets. Illinois West Board of Directors shall determine the proper format for each playoff bracket. Number of games and format shall be based on number of teams and available ice from year to year.
- E. Illinois West will furnish the following at a minimum:
  - 1. One (1) banner for each of the Division first place and runner-up clubs in the Illinois West standings.
- F. The Illinois West Board of Directors will consist of up to 5 members including officers who shall comprise the Executive Board (the President, Vice-President, Treasurer and Secretary). The Directors and Officers shall

each be entitled to one (1) vote in all Illinois West matters except the President who shall be entitled to vote only in the case of a tie. The Illinois West Board of Directors shall be responsible for any rule changes, player suspensions, game protests, complaints on officials, and all other matters concerning the guidance and maintenance of the Illinois West Division. The Illinois West Board of Directors shall interpret and determine all Illinois West rules and render decisions and/or directives as necessary. Supervision of coaches is up to the sole discretion of each Team's Board of Directors.

- G. Illinois West and all of its' Clubs shall be affiliates of AHAI and USA Hockey and shall comply with all requirements for affiliates.
- H. The IHSHL shall obtain Directors and Officers Liability Insurance through its affiliation with AHAI and USA Hockey. In the event that such insurance coverage is not available, the Illinois West Division will purchase Directors & Officers Liability Insurance for the Illinois West Board of Directors. The Clubs are responsible for obtaining their own Directors & Officers Liability Insurance either through AHAI and USA Hockey or through purchasing such coverage.
- I. No Club may enact any rules that contradict or attempt to supersede rules applying Illinois West wide.
- J. Illinois West and all of its' Clubs will adhere as closely as possible to the Illinois High School Association eligibility rules, except to the rules referring to coaching (a hockey coach need not be a faculty member of the school for the team he/she is coaching).
- K. Illinois West shall furnish each club with:
  - 1. Playing Rules for each player, coach and manager via the Illinois West website.
  - 2. Schedules for each team.
  - 3. Listing of the Board of Directors and Division Supervisors.
  - 4. Participation Forms (Hold Harmless, Doctor's Authorization and Hospital Release).Download via the Illinois West website.
- L. The Divisions will assist each club in obtaining the following:
  - 1. USA Hockey/AHAI roster forms for each team.

## **Shoot-out Rules for Illinois West**

Immediately after a tie game, the following will happen to determine a winner and loser via a five (5) man shoot-out. There will not be any overtime!

- A. After the end of the 3rd period, the clock keeper will put two (2) minutes on the clock and immediately start running the clock. This will allow the time for the coaches/goalies/shooters and officials to set-up.
- B. There will be a five (5) man minimum shoot-out.
- C. The home team has the choice to shoot first or last.
- D. After the five (5) man shoot-out, if there is still no winner the shoot-out will continue until there is a winner awarded.
- E. The winner will be awarded two (2) points for the win and the loser will be awarded one (1) point for the tie.
- F. It is imperative that this procedure be done swiftly as time is an important factor.
- G. Scorekeepers must designate on the score sheet "shoot-out and the winner."
- H. Shoot-out goals will not count in the Illinois West stats.
- I. Only players who are on the bench at the end of the game will be able to participate in the shoot-out.

This should make for some exciting hockey for our Illinois West players. It is important to note that this must be done in a swift manner due to time limitations!