



ACHA Rule Update Memo

September, 2018

Without exception, ACHA players are “**required**” to wear internal mouth guards.

Mouth Guard:

All players are required to wear an internal mouth guard that covers all the remaining teeth of one jaw. The mouth guard shall not be altered from original manufacturer specifications, except with the prescription of a medical authority.

Penalty:

For initial violation, offending player shall be immediately replaced on the ice, and the referee shall warn the offending team that subsequent violations by any player of that team shall result in the player being assessed misconduct.

Note: It is recommended that mandatory protective mouth guards be made from a colored material for easy identification.

Ed Giacomucci
American Collegiate Hockey Association
Referee-In-Chief
referee@achahockey.org